OMEGA Z

HORIZON *FITNESS*

PULSE TRAIN PROGRAMMING

Our exclusive programming uses your heart rate and the universal language of color to keep you motivated and on track for your goals. Whether you choose endurance training, aerobic training, threshold training or anaerobic training, the console will continually check your heart rate and use vivid colors to let you know if you're on pace or if you need to work a little harder.

EXPERIENCE PULSE-POUNDING SIMPLICITY

Only Omega combines clean design and essential programming for a simple, smart exercise experience that fits your home. Exclusive Pulse Train Programming delivers a challenging, engaging workout that leads to measurable cardiovascular improvement. Crisp design and an open frame create a minimalistic aesthetic that's as impressive as it is understated, and an intuitive console provides clear feedback to make sure nothing stands between you and your ideal workout.

JOHNSON EXCLUSIVE TECHNOLOGY

At Johnson Health Tech, we invest in technology that completely redefines the exercise experience, helping you reach your fitness goals in smarter, easier and more enjoyable ways. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.

Johnson Drive System
Maintain your rhythm with the responsive digital drive system that continuously recalibrates with each footfall. Plus, you can use your treadmill in any room of the house because the motor always runs at low RPMs, which minimizes noise and enhances durability.

Variable Response Cushioning
Just like a running shoe, a treadmill with our unique three-zone cushioning system gives you the ideal amount of flex and support in all phases of your stride.

FeatherLight Folding
Get the sturdiness of a traditional treadmill with the convenience of a folding frame thanks to our effortless hydraulic folding system that facilitates easy storage between workouts.

FitDisplay App
FitDisplay connects your device via Bluetooth for an enhanced experience synced to your equipment. Workout the way that motivates you with unique programs that entertain, motivate and keep you on track for your goals.

Specifications subject to change without notice.

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FEATURES

- Minimalistic design features clean lines, simple shapes and an open frame for an appealingly simple aesthetic that fits virtually any living space
- One-touch Run Control starts and stops workouts at the push of a button
- Advanced Bluetooth connects accessories like heart rate straps and syncs workout data with popular fitness apps
- Intuitive console clearly displays essential workout feedback for a streamlined exercise experience
- Circular handrails offer support for users of all sizes
- Angled side rails provide comfortable support during HIIT rest intervals
- Forward-leaning frame design creates ample room for hard sprints
- Contact grips provide quick, accurate heart rate feedback
- Integrated wheels offer smooth-rolling portability

KEY SPECIFICATIONS

TREADMILL

BELT	1.6 mm
RUNNING AREA	140 x 53 cm / 55" x 21"
CUSHIONING	Variable Response Cushioning
INCLINE RANGE	0 – 12%
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph
EXTRAS	One-touch run control, crystal-clear display panel, Energy Saver Mode
MOTOR	3.0 HP Johnson Drive System
DIMENSIONS (L × W × H)	183 x 89 x 144 cm / 72" x 35" x 57"
FOLDED DIMENSIONS (L × W × H)	103 x 89 x 169 cm / 41" x 35" x 67"
PRODUCT WEIGHT	93 kg / 205 lbs.
USER WEIGHT CAPACITY	159 kg / 350 lbs.

CONSOLE

DISPLAY	Three LED Windows with Multiple Colors
WORKOUT FEEDBACK	Time, Distance, Incline, Speed, Calories, Heart Rate
PROGRAMS	Console: Pulse Train (Pulse 1, Pulse 2, Pulse 3, Pulse 4), Calories (300k, 500k, 700k), Interval (Speed Interval, Peak Interval), Performance (Weight Loss), Heart Rate (Target HR, % Target HR), Step (5000, 10000), Distance (1k, 5k, 10k), Custom (Custom 1) FitDisplay App: Beat, Contest, Sprint 8, Virtual Active, Distance Target, Speed Target, Calories Target, Heart Rate Target, Intervals, Manual
ENTERTAINMENT	Compatible with FitDisplay app and other popular fitness apps
HEART RATE	Contact Grips and Bluetooth HR